

21 March 2024

Relationships, Sex and Health Education

Dear Parent/Carer

As part of our Personal Development provision for students, we deliver a comprehensive Relationships, Sex and Health Education curriculum. We ensure that all statutory objectives are covered so that all students learn about different relationships, physical/mental health and wellbeing and staying safe. This learning happens across the academy curriculum in all year groups and across multiple subjects, however the majority of the teaching and learning takes place in Life lessons.

In line with best practice, we also deliver supplementary Sex Education content. These lessons include learning about human reproduction and sexual relationships. This content is covered in Year 9 and we will be starting these lessons when we return from the Easter break. Lessons taught by Outwood staff include content such as relationships and consent, sexualisation and 'sexting.' The sexual relationship section which looks at contraception is covered by Spectrum who are a specialist team in the field of relationships and sexual health. They cover the following lessons in Year 9:

- Healthy Relationships and Consent
- Risk and Resilience in Relationships
- Contraception
- STIs

The learning that takes place in these lessons is vital to support your child in developing the knowledge needed to stay safe and act responsibly. Our Relationships, Sex and Health Education is fully inclusive to meet the needs of all our students. We believe that all children should learn about these important life skills in an open, honest and safe environment and ensure that they are taught in an age appropriate and engaging way.

We encourage you to view our Relationships and Sex Education Policy and scheme of work that can be found on the OGA website and all the resources used will be available on your child's Google Classroom. If you have any worries or concerns about what your child will be studying in these lessons or feel that your child will need additional support please don't hesitate to contact me and I will be more than happy to answer your questions.

Yours faithfully

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